

# Cardiac Arrest

## Goals of Care

1. Manage cardiovascular collapse (CPR)
2. Determine and treat cause of arrest
  - Cardiac: arrhythmia (K, Mg), ischemia, tamponade
  - Pulmonary: PE, pneumothorax, asthma, mucus plug/foreign body, opioid
  - Hypovolemia: trauma, hemorrhage
  - Medications/drugs
3. Minimize brain injury → Therapeutic hypothermia. Should be initiated ASAP after resuscitation (within first few hours)
4. Manage other problems from global ischemia & reperfusion